



EUNAAPA Newsletter – February 2015

❖ EUNAAPA work plan 2014 finalized – DG SANCO Operating Grant

In 2014 the EUNAAPA Steering Committee carried out the annual work plan with support of an Operating Grant from DG Sanco. The activities included preparing a European Training Curriculum, organizing a Summer School and regional courses and coordination with other EU based organizations on physical activity and aging and drafting a consensus statement. These activities are currently being evaluated and we will inform you via the website of the outcome. Unfortunately our application for a new Operating Grant 2015 was not awarded. Nevertheless the plans developed for 2015 (i.e. carry out the consensus Statement, a Summer school etc.) will be on the agenda and alternative strategies to carry them out will be looked for.

❖ EUNAAPA Training Curriculum published

At the end of 2014 the EUNAAPA network published a Training Curriculum for promoting physical activity in Older Adults. You can find it attached to this e-mail and access it through [EUNAAPA Website](#). The curriculum will be implemented via European and regional courses. We also value your opinion on the contents and on ways to further disseminate the curriculum. Please feel free forward it to your own network!

Get involved: what do you think about the Training Curriculum? [Join the discussion in our Linked In Group](#).

❖ Rome Statement Drafted

Together with 10 European organizations on physical activity and/or ageing the EUNAAPA network drafted a consensus statement on enhancing physical activity behavior in older adults. For more details on the meeting and planning of the document see the [EUNAAPA website](#).

❖ Important dates:

- 12-13 February 2015: Workshop [Chronic Diseases and healthy ageing issues in 8 countries; The Hague, the Netherlands](#); including presentations and panel discussion on EUNAAPA (Erwin Tak) and PASEO (Karim Abu-Omar, Institute for Sport Science and Sport, FA University Erlangen Nuremberg, Germany);
 - 13 March 2015: 10 year Anniversary EUNAAPA;
 - 28 March 2015: Steering Committee meeting.
- ❖ Follow Us via our new website www.eunaapa.org, on twitter [@EUNAAPA](#), and [Linked In Discussion group](#).
- ❖ Contact us via: erwin.tak@tno.nl