



Chronic Diseases and Healthy Ageing (CD-HA) Workshop

Addressing chronic diseases and healthy ageing issues
in 8 countries: BE, FR, DE, IE, NL, UK, LU, ES

12 – 13 February 2015

NH Den Haag Hotel, The Hague, The Netherlands



Ministry of Health, Welfare and Sport



Netherlands Enterprise Agency

Building evidence: Eight countries confront chronic diseases and healthy ageing

Chair: Marja Esveld, Ministry of Health of The Netherlands; **Rapporteur:** Nick Batey

Background

Chafea carries out a series of activities to widely disseminate results of the second EU Health Programme at EU, national and regional, as well as local levels.

As part of the dissemination strategy, Chafea collaborates with the National Focal Points (NFPs) to organize events that are then hosted by different EU countries.

In collaboration with Chafea and DG SANTE, one of the workshops is the Chronic Diseases and Healthy Ageing (CD-HA) Workshop to be hosted by the Netherlands. It involves speakers and experts from Belgium, France, Germany, Ireland, Luxembourg, Spain, the Netherlands, the United Kingdom and other EU countries.

Public health actions under the second Health Programme explore the status of EU, national and regional policies and activities and the interaction of authorities, patient organisations, the medical and social sector, industry and international organisations and their potential in better addressing specific major chronic diseases and healthy ageing across the lifecycle.

The target audience are experts on chronic diseases and healthy ageing, policy-makers, and health professionals.

Day 1: 12 February 2015

09:00 – 10:00 Registration

10:00 – 10:30 Opening Session

- **Marja Esveld**, Ministry of Health of The Netherland
- **Michael Huebel**, DG SANTE
- **Jorge Antunes**, DG SANTE
- **Anne-Marie Yazbeck**, Chafea

10:30 – 11:30 Plenary

- EU actions on chronic diseases – the policy context – **Michael Huebel**, DG SANTE
- EU actions on healthy ageing – the policy context – **Jorge Antunes**, DG SANTE
- Integrated surveillance of non-communicable diseases – **Manfred Huber**, WHO Regional Office for Europe - iNCD
- Do EU financial support programmes bring added value in addressing chronic diseases? – **Juan Riese**, ISCIII (ES), JA Chrodic

11:30 – 12:30 Session 1: Perspectives on the prevention of chronic diseases, health promotion and ageing

Moderator: Thomas Kunkel, BZgA (DE), JA Chrodic

- Effective prevention framework and management of chronic diseases – **Piotr Sakowski**, IMP (PL), e-capacit8
- Working force and chronic diseases – **Nettie Van Der Auwera**, Prevent (BE), PHWork
- How to prepare for retirement age – **Maartje Harbers**, RIVM (NL)
- Physical activity and healthy lifestyles as the ultimate answer to healthy ageing and chronic diseases prevention: the road from science to practice – **Erwin Tak**, TNO (NL), EUNAAPA

12:30 – 13:30 Lunch break

13:30 – 15:00 Session 2: Healthy ageing fostering innovation in health and care

Moderator: Eibhilin Manning, DG SANTE

- Risk stratification – a driver for improving management of frail elderly people – **Joanna Mora**, KRONIKGUNE (ES), ASSEHS
- Risk factors and determinants - rebalancing prevention and treatment – **Leocadio Rodriguez Mañas**, FIB-HUG (ES), FrailClinic
- Integrating health in urban setting – **Hein Raat**, ERASMUS MC (NL), Urban Health Centres 2.0
- Empowering Older People – **Marta Ballester**, FAD (ES), EMPATHIE

15:00 – 15:30 Coffee break

15:30 – 17:00 Panel 1: Prevention of chronic diseases across the lifecycle

Moderator: Jantine Schuit, RIVM

Panelists:

- **Karim Abu-Omar**, ISS (DE), Paseo
- **Jelka Zaletel**, NIPH (SI), JA Chrodic
- **Marina Senten**, EuroHeartII
- **Stanisława Golinowska**, JUMC (PL), ProHealth65+
- **Emanuele Scafato**, ISS (IT), VINTAGE
- **Piotr Sakowski**, IMP (PL), e-capacit8

18:15 – 19:30 Reception with all workshop participants – walking buffet dinner

Day 2: 13 February 2015

09:30 – 10:30 Session 3: Chronic diseases management

Moderator: Caroline Baan, RIVM

- Integrated care for people with multimorbidity – **Mieke Rijken**, NIVEL (NL), ICARE4EU
- Multimorbidity and multidisciplinary – **Graziano Onder**, UNICATT (IT), JA Chrodis
- ACT: Assessment of telehealth and care coordination solutions – **Cristina Bescos**, PHILIPS (ES), ACT
- Developing integrated solutions to address healthy ageing and chronic diseases – **Dimitrios Kakoulis**, BUK (DE), MANAGE Care

10:30 – 11:00 Coffee break

11:00 – 12:30 Session 4: Cost-effectiveness of health interventions

Moderator: Pepijn Vemer, EConDA

- Economic aspects of chronic diseases prevention and management – **Laura Webber**, UK Health Forum (UK), EConDA
- More efficient healthcare delivery better quality of care – **Jaume Marrugat**, IMIM (ES), EUROTRACS
- Cost-effectiveness of health interventions in older individuals with multimorbidity and polypharmacy – **Maria Cristina Polidori** MPI_AGE
- Use of economic evaluation in health system planning – **David Tordrup**, WHO – RAHEE

12:30 – 13:30 Lunch break

13:30 – 15:00 Panel 2: So what to do on the EU level?

Moderators:

- **Teresa Chavarría Giménez**, ISCIII (ES), JA Chrodis
- **Ingrid Stegeman**, EuroHealthNet (BE), JA Chrodis

Panelists:

- **Joanna Mora**, Prevent (BE), ASSEHS
- **Enrique Bernal**, IACS (ES), JA Chrodis
- **Jaume Marrugat**, IMIM (ES), EUROTRACS
- **Katariina Felixson**, TURKUAMK (FI), HASIC
- **Pepijn Vemer**, UMCG (NL), EConDA

Workshop recommendations and conclusions by the Chair

Objectives

The Chronic Diseases and Healthy Ageing Workshop aims to **share the knowledge acquired through the Chronic Diseases and Healthy Ageing actions funded under the second Health Programme 2008-2013**, and at same time to demonstrate how their results can be used to improve EU countries capacities to respond to the challenges of chronic diseases and healthy ageing.

Over 10 actions (public health projects and joint actions) of the second EU Health Programme are invited to present their results through panel discussions and in line with the EU-wide understanding of chronic diseases and healthy ageing.

The Workshop on CD-HA will seek to show how the outcomes of the projects can be used to build the evidence base on improving quality of life, improving efficiencies and resources management in our health systems.

The Workshop on CD-HA will explore where specific action in relevant areas helped to respond to the burden of chronic diseases and healthy ageing, namely, where the EU added value of implementing the EU Health Programme was most beneficial.

The Workshop on CD-HA together with policymakers, stakeholders and interest groups is to explore as to how the EU Health Programme tackled chronic diseases and health ageing effectively in the EU and to develop future recommendations within the following lines:

1. How did the projects of the second Health Programme provide most added value – in economic, social and political terms in the field of chronic diseases and healthy ageing?
2. How can the results and outcomes of the projects be used and re-invested in the most efficient way on the national and regional levels?
3. On the basis of the projects which prevention measures are the most cost-effective in the short and in the long term, and how could they be implemented EU-wide? How could the EU and its Member States promote their implementation? Which risk factors need to be addresses more efficiently?
4. How do the public health projects funded by the EU help tackle the burden of chronic diseases?
5. How can health and care systems take up the results of the public health projects to the ageing challenge and growing phenomena of frailty and multi-morbidity and chronic diseases in general?
6. How could the European Union support Member States' attempts towards ensuring the sustainability of achievements and implementation of good practice in the management of chronic diseases, prevention and healthy ageing? How the actions knowledge, deliverables (tools, training programmes) can become permanent, available to support the MS policies and improve their capacities on chronic diseases and healthy ageing?
7. What are the main messages of public health projects that can be taken further up onto health policy levels?

Within the individual sessions and panels, the objectives are to extract key points in terms of future challenges and recommendations for EU-wide debate and policy development and develop a set of key conclusions on whether and how the EU could further bring added value towards a more effective response to the chronic disease burden and improved healthy ageing.

List of actions in the field of chronic diseases and healthy ageing under the 2nd EU Public health programme (2008 – 2013)

Actions	Speakers	E-mail
ACT: Advancing Care coordination & TeleHealth Deployment Programme http://www.act-programme.eu/	Cristina Bescos	Cristina.bescos@philips.com
ALCOVE JA: Joint Action -ALzheimer COoperative Valuation in Europe http://www.alcove-project.eu/	Karim Saad (TBC)	karim.saad@westmidlands.nhs.uk
ASSEHS: Activation of Stratification Strategies and Results of the interventions on frail patients of Healthcare Services http://assehs.eu/	Joanna Mora	jmora@kronikgune.org
CHRODIS-JA: Joint Action addressing chronic diseases and promoting healthy ageing across the life cycle http://www.chrodis.eu/	Juan Riese Teresa Chavarría Giménez Enrique Bernal-Delgado Thomas Kunkel Jelka Zaletel Ingrid Stegeman Graziano Onder	jriese@isciii.es tchavarria@isciii.es ebernal.iacs@aragon.es Thomas.kunkel@bzga.de jelka.zaletel@nijz.si I.Stegeman@eurohealthnet.eu graziano.onder@rm.unicatt.it
e-capacit8: Strengthening occupational health professionals' capacities to improve the health of the ageing workforces http://e-capacit8.eu/	Piotr Sakowski	psak@imp.lodz.pl
ECONDA: Economics of Chronic Diseases http://www.econdaproject.eu/	Laura Webber Pepijn Vemer	Laura.Webber@ukhealthforum.org.uk p.vemer@umcg.nl
EMPATHiE: Empowering patients in the management of chronic diseases	Marta Ballester	mballester@fadq.org
EUNAAPA: European Network for Action on AgEing and Physical Activity http://www.eunaapa.org/	Erwin Tak	erwin.tak@tno.nl
EuroHeart II: European Heart Health Strategy II, http://www.ehnheart.org/euroheart-ii.html	Marina Senten	M.Senten@Hartstichting.nl
Europeans of retirement age: chronic diseases and economic activity report http://ec.europa.eu/health/major_chronic_diseases/docs/rivm_report_retirement_en.pdf	Maartje Harbers	maartje.harbers@rivm.nl
EUROTRACS: EUROpean Treatment & Reduction of Acute Coronary Syndromes cost analysis http://www.eurotracs-project.eu/	Jaume Marrugat	jaume@imim.es
FrailClinic: Feasibility and effectiveness of programs designed to detect and manage frail older patients in different clinical settings http://www.frailclinic.eu/	Leocadio Rodriguez Mañas	leocadio.rodriguez@salud.madrid.org

Actions	Speakers	E-mail
HASIC: Healthy Ageing Supported by Internet and the Community http://www.hasicproject.eu/	Katariina Felixson	katariina.felixsen@turkuamk.fi
ICARE4U: Innovating care for people with multiple chronic conditions in Europe http://www.icare4eu.org/	Mieke Rijken	M.Rijken@nivel.nl
Integrated surveillance of non-communicable diseases – iNCD (Direct Grant Agreement)	Manfred Huber	mhu@euro.who.int
MANAGE Care : Active Ageing with Type 2 Diabetes as Model for the Development and Implementation of Innovative Chronic Care Management in Europe http://www.manage-care.eu/	Dimitrios Kakoulis	dk@buk-consulting.de
MPI_AGE: Using Multidimensional Prognostic Indices(MPI)to improve cost-effectiveness of interventions in multimorbid frail older persons http://www.mpiage.eu/	Maria Cristina Polidori	maria.polidori-nelles@uk-koeln.de
PASEO: Building Policy Capacities for Health Promotion through Physical Activity among Sedentary Older People http://www.ggdkennisnet.nl/thema/ouderengezondheidszorg/publicaties/publicatie/3926-paseo-brengt-organisaties-in-beweging-beweegstimulering-bij-ouderen-resultaten-pareo-project-nederland	Karim Abu-Omar	Karim.Abu-omar@sport.uni-erlangen.de
PHWork: Promoting Healthy Work for Employees with Chronic Illness – Public Health and Work http://www.enwhp.org/enwhp-initiatives/9th-initiative-ph-work.html	Nettie Van der Auwera	nettie.vanderauwera@prevent.be
ProHealth65+: Health promotion and prevention of risk- action for seniors http://www.cm-uj.krakow.pl	Stella Golinowska	stellag@onet.pl
RAHEE - Research Agenda for Health Economic Evaluation project http://www.euro.who.int/en/about-us/organization/office-locations/who-representation-to-the-european-union,-brussels,-belgium/research-agenda-for-health-economic-evaluation-rahee-project	David Tordrup	tordrupd@weu.who.int
Urban Health Centres 2.0: Integrated health and social care pathways, early detection of frailty, management of polypharmacy and prevention of falls for active and healthy ageing in European cities http://uhce.eu/	Hein Raat	info@uhce.eu h.raat@erasmusmc.nl
VINTAGE: Good health into older age http://www.epicentro.iss.it/vintage/	Emanuele Scafato	emanuele.scafato@iss.it

Related websites

- Chronic Diseases Summit (3-4 April 2014) :
http://ec.europa.eu/health/major_chronic_diseases/events/ev_20140403_en.htm
- The reflection process on chronic diseases:
http://ec.europa.eu/health/major_chronic_diseases/reflection_process/index_en.htm
- Chafea Infosheet on Chronic Diseases:
http://ec.europa.eu/chafea/documents/health/leaflet/2014_chronic_diseases_informationsheet_en.pdf
- Chafea Infosheet on Healthy Ageing:
http://ec.europa.eu/chafea/documents/health/leaflet/2014_healthy-ageing_informationsheet_en.pdf
- European Innovation Partnership on Active and Healthy Ageing (EIP on AHA):
http://ec.europa.eu/health/ageing/innovation/index_en.htm
- Consumers, Health, Agriculture and Food Executive Agency – Chafea:
<http://ec.europa.eu/chafea/>
- DG SANTE:
http://ec.europa.eu/dgs/health_food-safety/index_en.htm

