

Supporting the *Physical Therapists* *that Care for a Globally Aging* *Population: Promoting Active Aging*



On behalf of IPTOP

**Dr. Hans Hobbelen, professor in Healthy Lifestyle, Ageing and Health Care.
Hanze University of Applied Sciences Groningen the Netherlands.**

**Board member of the Dutch association for geriatric physical therapy and
Dutch and European representative IPTOP**

International Association of Physical Therapists working with Older People

- Official subgroup of



World Confederation
for Physical Therapy

- Founded in 1951, the World Confederation for Physical Therapy (WCPT) is the sole international voice for physical therapy, representing more than 350,000 physical therapists worldwide through its 106 [member organisations](#).

IPTOP founded in 1993-2003

Association Officers

President

Jennifer Bottomley

Secretary

Jill McClintock

Vice President

Jill McClintock

Treasurer

Nancy Prickett

Newsletter Editor

Katelyn Sobotka (co-opted)

Web manager

Bhanu Ramaswamy

- 3 subcommittees: communication, finance and research

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15 IPTOP members representing over 8000 PT's working with older people

- Gerontology Physiotherapy Australia (Australia)
- Austrian Physiotherapy Association, Geriatric Section
- Belgian Association, subgroup of Axxon
- Seniors Health Division of the Canadian Physiotherapy Association (Canada)
- Finnish Geriatric Association of Physiotherapy (Finland)
- Icelandic Association of Physical Therapists working with Older People (Iceland)
- Chartered Physiotherapists in Neurology and Gerontology (Ireland)
- The Dutch Association for Physiotherapists in Geriatrics (Netherlands)
- The Norwegian Association
- Physiotherapy for the Older Adult (New Zealand)
- The Older Person's Physiotherapy Group (South Africa)
- Fach gruppe Physiotherapie in der Geriatric (Switzerland)
- Physiotherapy working with Older People (Turkey)
- AGILE (United Kingdom)
- American Physical Therapy Association Section on Geriatrics (United States of America)

International Association of Physical Therapists working with Older People

- IPTOP represents national special interest groups of physical therapists working with older people
- The association attempts to enable national organisations and their individual members to work with older people through research, evidence based practice, clinical specialisation and collaborative practice with other disciplines and carers
- The intention of the association is to be the international resource for physical therapists working with older people

Physical therapy for older people

- The prime purpose of physical therapists working with older people is to maintain and/or restore function, activity and independence. This requires a person-centred, collaborative, inter-professional approach to a wide range of conditions affecting this population.

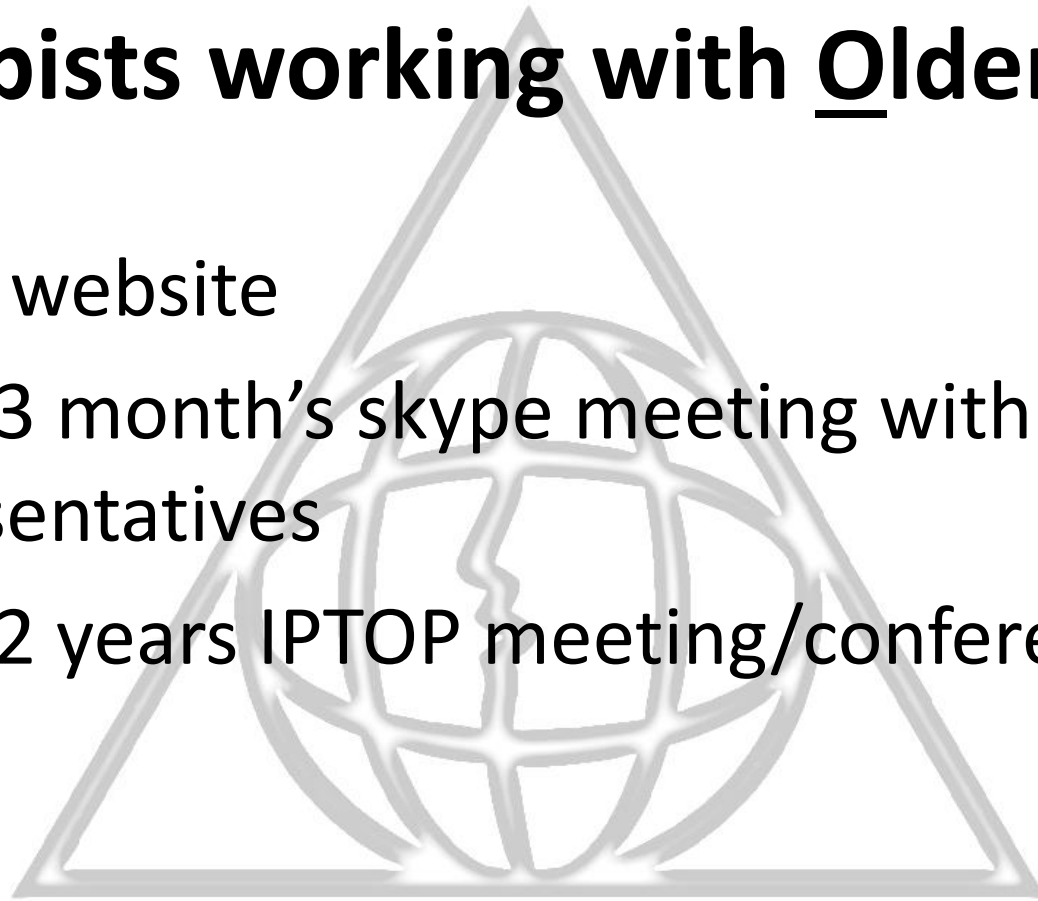
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IPTOP Aims

- To introduce participants to the work of IPTOP
- To explain IPTOP's guiding principles
- To facilitate discussion, information sharing and initiatives that address the changing needs of older patients
- To provide models for best care practices → **IPTOP Standards of Clinical Practice**; IPTOP have published Standards of Clinical Practice for use by physical therapist clinicians practising with older people.
- A call to action – physical therapists working with older people

International Association of Physical Therapists working with Older People

- IPTOP website
- Every 3 month's skype meeting with representatives
- Every 2 years IPTOP meeting/conference



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IPTOP's Commitment

- The IPTOP Charter requests engagement in one or more of the following actions:
 - 1. Mobilize networks and partnerships**
 - 2. Disseminate widely (IPTOP 8,000 members)**
 - 3. Continue to partner with groups to advocate for health enhancing global PA**

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