

EUNAAPA priority	Way to go	Progress Feb 2014	Milestones 2011-2016	Progress Feb 2014
Training and education	<ul style="list-style-type: none"> Adjustment of international training curriculum (see http://www.isapa.org/guidelines/index.cfm) to EUNAAPA goals and European situation (coordination by Elisabeth Rydwick and Nina Waaler) Preparation and publishing of EUNAAPA reviews (coordination by Elisabeth Rydwick and Kerstin Frändin, Sweden) To provide information on physical activity and elderly among health care professionals (medical doctors, physiotherapists, nurses). Consultation of international advisory board and HEPA and PROFANE partners (coordination by Nina Waaler Loland and Marijke Hopman-Rock) 	<ul style="list-style-type: none"> Part of work plan 2014 in Operating Grant On-going: 4 published reviews; Presentations held on medical conferences (IAGG conference, Dutch Geriatric conference) IAB consulted by e-mail; meetings with HEPA Aging Work Group 	<ul style="list-style-type: none"> Summer school (Verona) Lead by Christophe Delecluse and Federico Schena) Oversight of effective measurements (reviews available or in development) and intervention programmes (overview under development lead by Ger Kroes) Cooperation with European partners (HEPA, PROFANE (Prevention of Falls Network Europe; etc) 	<ul style="list-style-type: none"> Part of work plan 2014 in Operating Grant dissemination part of work plan 2014 in operating grant; inventory interventions on website Meetings with HEPA AA workgroup and part of workplan 2014
Awareness of health care personnel about role of physical activity in the aging process	<ul style="list-style-type: none"> Contact with gerontological and geriatric associations in EU countries and in Europe (coordination by Ellen Freiburger) Contact with physiotherapists organisations (coordination by Elisabeth Rydwick) Development of presentations and short publications (for patient populations and care personnel) (action for country members) Contact with ECSS and sport doctors to improve attention for sport stimulation in older people (Nina Waaler Loland and Marijke Hopman-Rock) 	<ul style="list-style-type: none"> Presentations on conferences held Contact with IPTOP No action yet Presentation on ECSS conference 2009 	<ul style="list-style-type: none"> Symposia during relevant conferences (steering committee and individual members) Short publications in relevant practical journals Draft text for leaflets in country languages Overview of existing and effective interventions 	<ul style="list-style-type: none"> Done and continuing Published reviews No action No action

Policy strategies	• Develop a unified consensus statement regarding policy strategies (coordination by Alfred Rütten).	• No action	• PASEO end conference Brussels (lead by Alfred Rütten and Nina Waaler Loland etc)	• Done
	• Convene a meeting of policy experts to guide the policy research agenda.	• PASEO meeting in Brussels 2011	• Continuation of national PASEO coalitions (country members actions)	• Under evaluation
	• Make existing research appropriate for older adults and identify gaps in research knowledge.	• No action		
Supportive strategies	• Continuation of EUNAAPA website and newsletter (coordination by TNO Leiden, Erwin Tak)	• On-going	• 100-500 EUNAAPA members	• Currently 200 members
	• Coordinated action on funding of new European proposals in the area of PA and Aging	• On-going	• New project funded	• Operating grant 2014 succeeded