<table>
<thead>
<tr>
<th>EUNAAPA priority</th>
<th>Way to go</th>
<th>Progress Feb 2014</th>
<th>Milestones 2011-2016</th>
<th>Progress Feb 2014</th>
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</table>
| Training and education | • Adjustment of international training curriculum (see [http://www.isapa.org/guidelines/index.cfm](http://www.isapa.org/guidelines/index.cfm)) to EUNAAPA goals and European situation (coordination by Elisabeth Rydewik and Nina Waaler)  
• Preparation and publishing of EUNAAPA reviews (coordination by Elisabeth Rydewik and Kerstin Frändin, Sweden)  
• To provide information on physical activity and elderly among health care professionals (medical doctors, physiotherapists, nurses).  
• On-going: 4 published reviews;  
• Presentations held on conferences (IAGG conference, Dutch Geriatric conference)  
• Oversight of effective measurements (reviews available or in development) and intervention programmes (overview under development lead by Ger Kroes);  
• Cooperation with European partners (HEPA, PROFANE (Prevention of Falls Network Europe; etc) | • Part of work plan 2014 in Operating Grant  
• On-going: 4 published reviews;  
• Presentations held on medical conferences (IAGG conference, Dutch Geriatric conference)  
• Summer school (Verona) Lead by Christophe Delecluse and Federico Schena)  
• Oversight of effective measurements (reviews available or in development) and intervention programmes (overview under development lead by Ger Kroes)  
• Cooperation with European partners (HEPA, PROFANE (Prevention of Falls Network Europe; etc)  
• Part of work plan 2014 in Operating Grant | dissemination part of work plan 2014 in operating grant; inventory interventions on website  
Meetings with HEPA AA workgroup and part of workplan 2014 |
| Awareness of health care personnel about role of physical activity in the aging process | • Consultation of international advisory board and HEPA and PROFANE partners (coordination by Nina Waaler Loland and Marijke Hopman-Rock)  
• Contact with gerontological and geriatric associations in EU countries and in Europe (coordination by Ellen Freiberger)  
• Contact with physiotherapists organisations (coordination by Elisabeth Rydewik)  
• Development of presentations and short publications (for patient populations and care personnel) (action for country members)  
• Contact with ECSS and sport doctors to improve attention for sport stimulation in older people (Nina Waaler Loland and Marijke Hopman-Rock)  
• IAB consulted by e-mail; meetings with HEPA Aging Work Group  
• Presentations on conferences held  
• No action yet  
• Presentation on ECSS conference 2009  
• Symposia during relevant conferences (steering committee and individual members)  
• Short publications in relevant practical journals  
• Draft text for leaflets in country languages  
• Overview of existing and effective interventions | • Part of work plan 2014 in Operating Grant  
• On-going: 4 published reviews;  
• Presentations held on medical conferences (IAGG conference, Dutch Geriatric conference)  
• Summer school (Verona) Lead by Christophe Delecluse and Federico Schena)  
• Oversight of effective measurements (reviews available or in development) and intervention programmes (overview under development lead by Ger Kroes)  
• Cooperation with European partners (HEPA, PROFANE (Prevention of Falls Network Europe; etc)  
• Part of work plan 2014 in Operating Grant | Done and continuing  
Published reviews  
No action  
No action |
<table>
<thead>
<tr>
<th>Policy strategies</th>
<th>Supportive strategies</th>
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<tbody>
<tr>
<td>• Develop a unified consensus statement regarding policy strategies (coordination by Alfred Rütten).</td>
<td>• No action</td>
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<tr>
<td>• Convene a meeting of policy experts to guide the policy research agenda.</td>
<td>• PASEO meeting in Brussels 2011</td>
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<tr>
<td>• Make existing research appropriate for older adults and identify gaps in research knowledge.</td>
<td>• No action</td>
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<tr>
<td>• Continuation of EUNAAPA website and newsletter (coordination by TNO Leiden, Erwin Tak)</td>
<td>• Continuation of national PASEO coalitions (country members actions)</td>
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<tr>
<td>• Coordinated action on funding of new European proposals in the area of PA and Aging</td>
<td>• On-going</td>
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</tbody>
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| | • 100-500 EUNAAPA members |
| | • New project funded |

| | • Done |
| | • Under evaluation |
| | • Currently 200 members |
| | • Operating grant 2014 succeeded |