

<b>PRACTICAL INFO</b>	
<b>DATE</b>	26 <sup>th</sup> – 29 <sup>th</sup> June 2014 Start Thursday at 08.00 hrs and ends Sunday at 13.30
<b>LOCATION</b>	Università degli Studi di Verona School of Exercise and Sport Science Via Felice Casorati, 43 ( <a href="#">see map</a> ) 37131 Verona - Italy
<b>COSTS</b>	Euro 250,00 Fee includes: lunches, coffee breaks, social dinner, materials presented during the course, kit for participants <i>These costs have been lowered by a EU grant from DG SANCO</i>
<b>MAIN TOPICS</b>	<ul style="list-style-type: none"> <li>• Relevant topic for PA in ageing (e.g. risk of falls, balance, functional approach, aerobic conditioning)</li> <li>• Physical Activity (PA) Efficacy for older population with different chronic diseases: functional diseases (Diabetes, Chronic Obstructive Pulmonary disease, Cardiovascular) and neurological diseases (Stroke, Parkinson, Alzheimer)</li> <li>• Behavioral aspects to consider when working with an aging and disabled population: how to motivate?</li> <li>• How to plan and develop a successful programme in your country? How to include all steps? Hints from European countries on different perspectives and approaches (fitness perspective, social perspective, medical perspective, functional perspective)</li> <li>• How to implement a successful model for PA in aged population</li> </ul>
<b>GOALS</b>	<ul style="list-style-type: none"> <li>• update on new evidence based PA promotion in Europe from International speakers</li> <li>• share professional expertise on physical activity programmes or projects for adults and older adults</li> <li>• built new professional networks on a local and international level</li> <li>• create new strategies for interventions at different levels, in different sectors, institutions and countries.</li> </ul>
<b>NAME OF PRESENTERS</b>	Nico Van Meeteren (EUNAAPA chair), Christophe Delecluse, Clara Fitzgerald, Paolo Moghetti, Elisabeth Rydwick, Federico Schena, Erwin Tak, Michele Tinazzi, Nina Waaler
<b>TARGETED AUDIENCE</b>	Medical doctors, health professionals and experts in adapted physical activity (APA), engaged in enhancing the quality of life of adults and older adults, with or without disease, though physical activity programme.
<b>EXTRACURRICULUM ACTIVITIES</b>	Opera in Arena, AIDA on the Saturday the 28 <sup>th</sup> of June (ticket on line at <a href="http://www.arena.it">http://www.arena.it</a> ) Social Dinner with traditional Italian food on Friday the 27 <sup>th</sup> of June Verona city walk
<b>INFO CONTACT</b>	<a href="mailto:nicole.tabarini@univr.it">nicole.tabarini@univr.it</a> +39 045 842 5151